SEIKO

QUARTZ LC

Cal.M154A

Calibre No.

M154A

Style Name

QUARTZ LC PERPETUAL CALENDAR





Characteristics:

Casing diameter:

Ø 27.0 mm

Maximum height:

6.1 mm

Frequency of quartz crystal oscillator: 32,768 Hz

(Hz=Hertz Cycle per second)

Time functions: Digital Display System showing hour, AM, PM,

minute, second, day and date Calendar functions: Digital Display System showing day, date,

month and year

Display mudium: Nematic Liquid Crystal, FE-Mode Time micro-adjustor: Trimmer condenser system

Illumination light for digital display panel:

Illuminated in coordination with the button depressing













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354 940

354 941

383 940

389 940

782 940

4007 946

4009 944

4032 944













4050 945

4219 940

4242 941

4256 940

4270 940

4277 940

4282 940











4313 940

4398 940

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4510 960

4521 500 4521 501

4540 940



4540 941

SEIKO SB-BU



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641	1416	RIU.

M154A

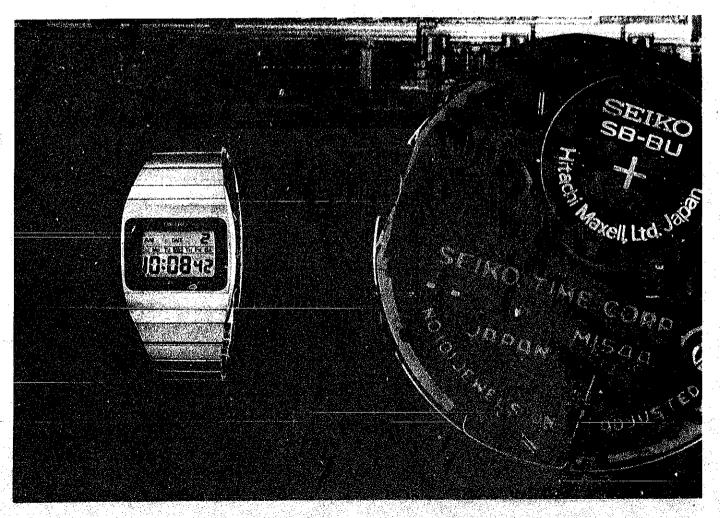
Style Name BUARTZ LC

	MIUTA	PERPETUAL CALENDAR		
PART NO.	PART NAME	PART NO.	PART NAME	
354 940 354 941 383 940 389 940 4007 946 4007 946 4009 944 4050 945 4219 940 4277 940 4277 940 4282 941 4313 940 4388 940 4510 960 4521 501 4540 941 022 256 022 256 022 256 022 256 022 256 022 256 022 256 022 256 022 256 023 067 SEIKO SB-BU	Stem (Short) Stem (Long) Setting lever Setting lever axle spring Setting lever spring LSI block Crystal oscillator block Bulb Circuit bridge plate Insulator for battery connection Plus terminal of battery connection Crystal holding spring Battery connection Contact lever guard Contact lever A Contact lever B Connector Liquid crystal panel frame Liquid crystal panel Reflecting mirror (Silver) Reflecting mirror (Gold) Spring for liquid crystal panel A Spring for liquid crystal panel B LSI block screw Bulb holding screw Liquid crystal panel holder screw Circuit bridge plate screw Contact lever guard screw Contact lever guard screw Setting lever axle spring screw Battery connection pin Pin for plus terminal of battery connection Silver oxide battery			

CTECHNICAL GUIDE

SEIKO DIGITAL QUARTZ

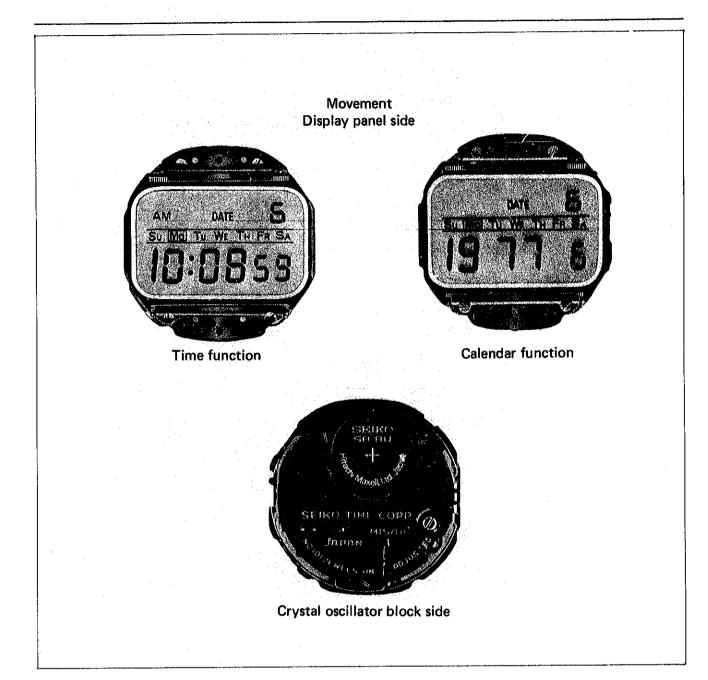
CAL.M154A



CONTENTS

l.	SP	ECI	FICATIONS AND FEATURES	1
	1.	Spe	ecifications	1
	2.	Fe	atures	1
11.	HC	W .	ro use	2
	1.	Dis	splay	2
	2.	Bu	tton operation	2
	3.	Но	w to set the time and calendar	2
III.	DI	SAS	SEMBLING AND REASSEMBLING	4
	1.	Αf	ter-sale servicing instruments and materials	4
	2.	Dis	assembling and reassembling of the case	7
	3.	Dis	assembling and reassembling of the movement and lubricating of the	
		swi	tch components	10
	4.		aning	13
IV.	СН	ECI	KING AND ADJUSTMENT	14
	1.	Gu	ide table for checking and adjustment	14
	2.	Ma	Ifunction and checking points	15
	3.	Re	lationship between the segment (Liquid Crystal Panel Electrode) and the	
		C-N	MOS-LSI output terminal	16
	4.	Pro	cedure for checking and adjustment	17
		A.	Check battery voltage	17
		•	Check pattern segment checking system	17
		•	How to check battery electrolyte leakage and repair	17
		В.	Check conductivity of liquid crystal panel, LSI block and crystal	
			oscillator block	18
		C.	Check liquid crystal panel, LSI block and crystal oscillator block	19
		D.	Check current consumption	20
		E.	Check accuracy	21
		F.	Check adjustment and functioning	21
		G.	Check bulb condition	21
			Check conductivity of switch components	22
		_	Time Acquiracy Adjusting	22

Calibre M154A



I. SPECIFICATIONS AND FEATURES

1. Specifications

ltem	Calibre No. M154A
Display medium	Nematic Liquid Crystal, FEM (Field Effect Mode)
Display system	Two-function changeover system
	Time function
	Digital display system showing hour, AM, PM, minute, second, date and day
	Calendar function
	Digital display system showing year, month, date and day.
Additional mechanism	Illuminating light
	Pattern segment checking system
Crystal oscillator	32,768 Hz (Hz = Hertz cycle per second)
Loss/gain	Loss/gain at normal temperature range
	Mean monthly rate: less than 10 seconds
	Annual rate: less than 2 minutes,
	(Temperature compensation device)
Casing diameter	φ27.0 mm
Height	6.1 mm
Operational temperature range	-10°C~+60°C (14°F~140°F)
Regulation system	Trimmer condenser
Battery power	SEIKO SB-BU silver oxide battury,
	Battery life is approximately two years.
IC (Integrated Circuit)	C-MOS-LSI 1 piece

2. Features

(1) Full function perpetual calendar watch

- Shows all necessary time indications such as hour, minute, second, date and day which are most frequently referred to in daily us, all of which are displayed at the same time on the wide liquid crystal panel. The time and calendar can be easily read.
- Even and odd months including February 29 are automatically adjusted by the special electronic circuit incorporated in Cal. M154A, thus eliminating any troublesome date adjustment at the end of each month.
- Month and year digits also are displayed by depressing a button.
- With the full-calendar function being adopted, Cal. M154A is capable of displaying all calendar digits for the years up to 2009.

(2) Easy-to-read wide display panel

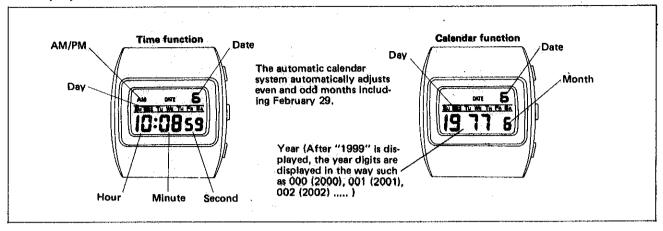
The use of a display panel that is wider than that of the conventional digital watch, makes it easier to read the time and calendar digits.

(3) Multi-functional digital watch

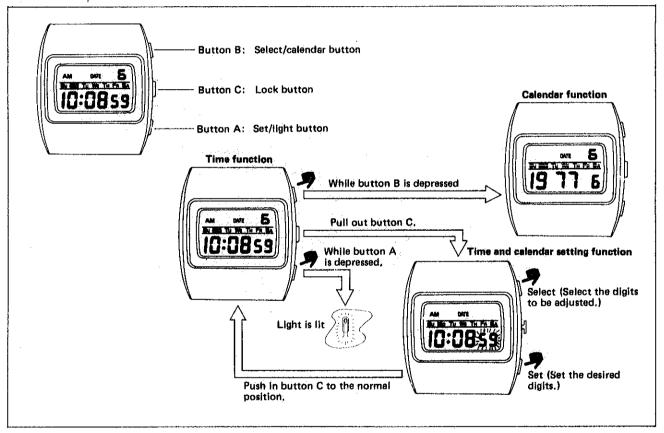
In spite of being a multi-functional digital watch, Cal. M154A is as easy to operate as the other SEIKO digital watches since it also is adopting their simple button operations.

II. HOW TO USE

1. Display

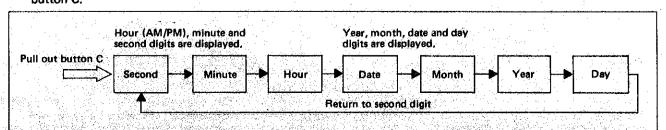


2. Button operation

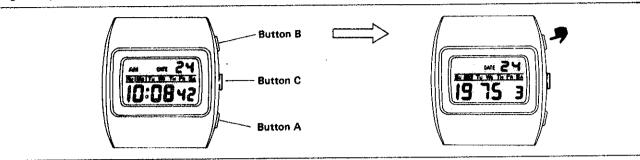


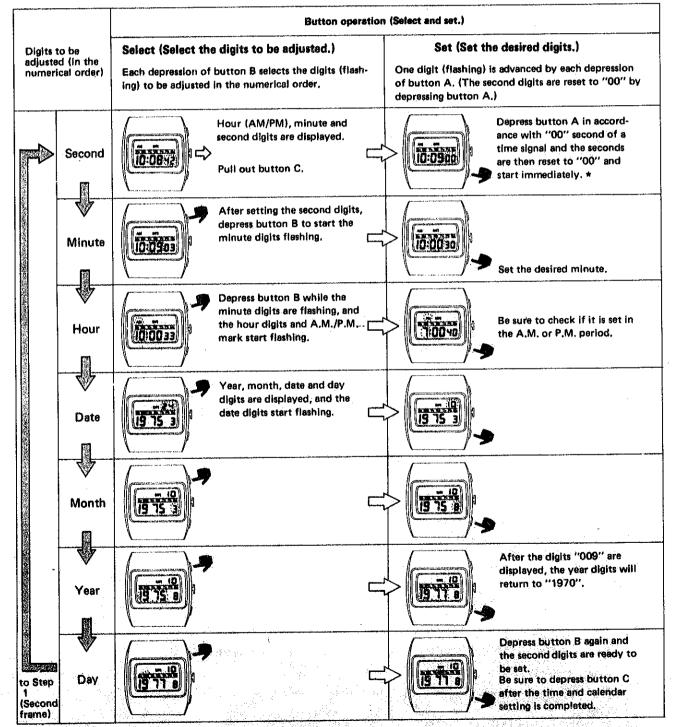
3. How to set the time and calendar

- Pull out button C, and the time and calendar digits are ready to be adjusted.
- Each depression of button B selects the digit (flashing) to be adjusted in the order shown in the illustration below.
- One digit (flashing) is advanced by each depression of button A. (The second digits are reset to "00" by depressing button A.)
- Whichever digits are being adjusted, the time function display is returned to normal operation by simply depressing button C.



Example: How to change the indication of Monday, 10:08:42 A.M., March 24, 1975 Into Wednesday, 07:00:00 P.M., August 10, 1977.

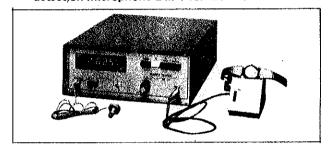




^{* (}When the seconds count any numbers from "00" to "29", the seconds are reset to "00" automatically whenever button A is depressed. When the seconds count any numbers from "30" to "59" and button A is depressed, one minute is added and the seconds immediately return to "00".)

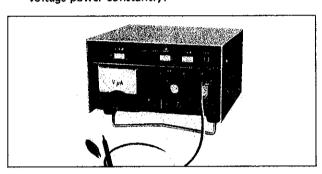
III. DISASSEMBLING AND REASSEMBLING

- 1. After-sale servicing instruments and materials
 For after-sale servicing of SEIKO Quartz Digital Cal. M154A, the following instruments and materials are necessary
- (1) Quartz Tester QT-77
 Used to check time accuracy (daily rate).
 The microphone is electro-magnetic/electric-field detection microphone DM-1 for QT-77.

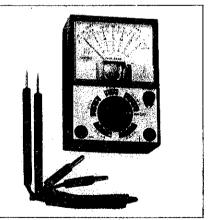


2) Microtest MT-10II

Used to check current consumption and to flow voltage power constantly.



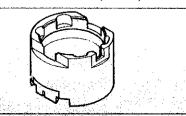
(3) Volt-ohm-meter
Used to check battery voltage and measure current consumption, etc.



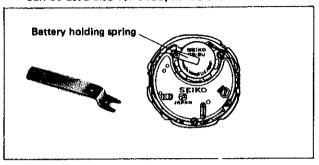
(4) Movement holder (S-644)

Used for disassembling and reassembling of the movement.

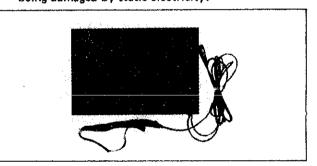
Can be used also for 0139, A031, M158 and M159,



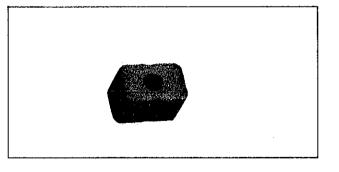
(5) Battery holding spring (S-815)
Used for securing battery and flowing current when the movement is removed from the case.
Can be used also for 0439, M158 and M159.



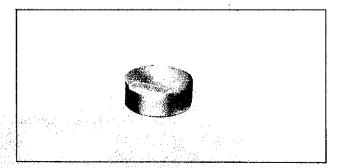
(6) Static electricity protector S-830
Used to protect C-MOS-LSI of Digital Quartz from being damaged by static electricity.



(7) Inserting disk (S-161)
Used to remove the glass.

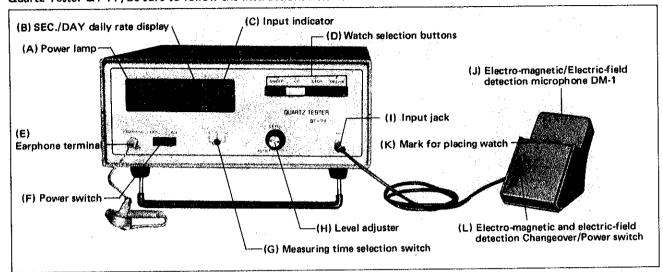


(8) Plastic supporting disk (S-173)
Used to reassemble the glass.



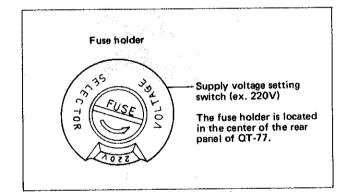
HOW TO USE QUARTZ TESTER QT-77

K. Hattori & Co., Ltd. has put on sale its new Quartz Tester QT-77. When measuring the watch accuracy by the new Quartz Tester QT-77, be sure to follow the instructions below.



Preparations before measurement

Make sure that the voltage indicated by the supply voltage setting switch is the same as the voltage rating of your household power supply. If it isn't, turn the fuse holder counterclockwise (arrow-marked direction) and remove the fuse. Pull out the supply voltage setting switch and adjust it to the voltage rating of your power supply, and set the fuse back in position.



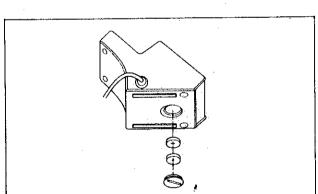
Battery for Electro-magnetic/electric-field detection microphone DM-1 If the microphone is to be used for the first time, insert the battery (supplied along with the micro-

phone) into the microphone. It is recommended to check the battery voltage periodically. (The voltage of each battery should be at least 1.5V.) When the microphone is not used turn the electro-magnetic and electric-field detection Changeover/Power switch to "STEP, SWEEP, LE" side, to preserve the

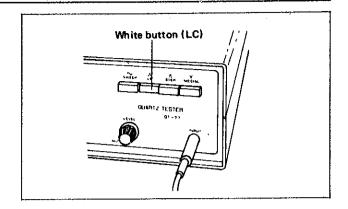
battery life.

Measurement of time accuracy (daily rate)

- 1. With the power switch (F) off, insert the power supply cord plug into the power cord connector. Leave the Quartz Tester (QT-77) to stand for approximately 20 minutes.
- 2. Turn on the power switch (F). The power lamp (A) will light up.
- 3. Put the plug of the electro-magnetic/electric-field detection microphone DM-1 (J) all the way into the input jack (I).



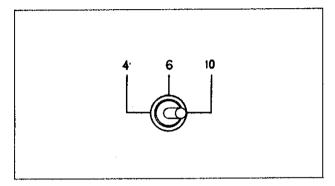
4. Depress white button (LC) of the watch selection



5. Set the measuring time selection switch (G) at "4 sec,", "6 sec." or "10 sec."

The daily rate can be measured at any position 4 sec., 6 sec. or 10 sec.

It is generally accepted, however, that the longer the measuring time is the more accurate will be the measurement.



- 6. Insert the earphone cord plug into earphone terminal (E).
- 7. Turn the level adjuster (H) to AUTO position (turn it counterclockwise until a click is heard).
- 8. Push the switch (L) of the microphone (J) to the LC. ON position (electric-field detection function).
- 9. Place the watch on the microphone.

Place the watch with its liquid crystal display facing the mark (k) in the center of the microphone.

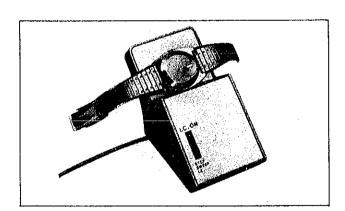
Put on the earphone, and move the watch on the microphone in various ways, for example by changing its position and angle, and the volume will change. Determine the watch position and direction where the earphone sound becomes loudest. At this time, the input indicator (C) will remain lit.

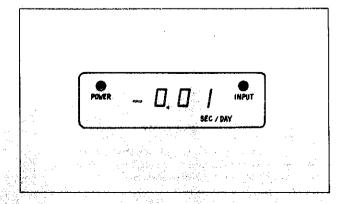
Note: In almost all cases, all the above procedure will do for the measuring the daily rate. If the input indicator flashes or does not light up at all, turn the level adjuster to keep the input indicator lit during measurement.

10. Read the daily rate on the display panel (B). If the daily rate of the watch exceeds the measurable range, it is not displayed on the panel.

Note: If there is any perspiration or oil on the glass of the watch, the Quartz Tester QT-77 does not pick up the signal.

> Be sure not to put the watch in a vinyl bag when it is measured.

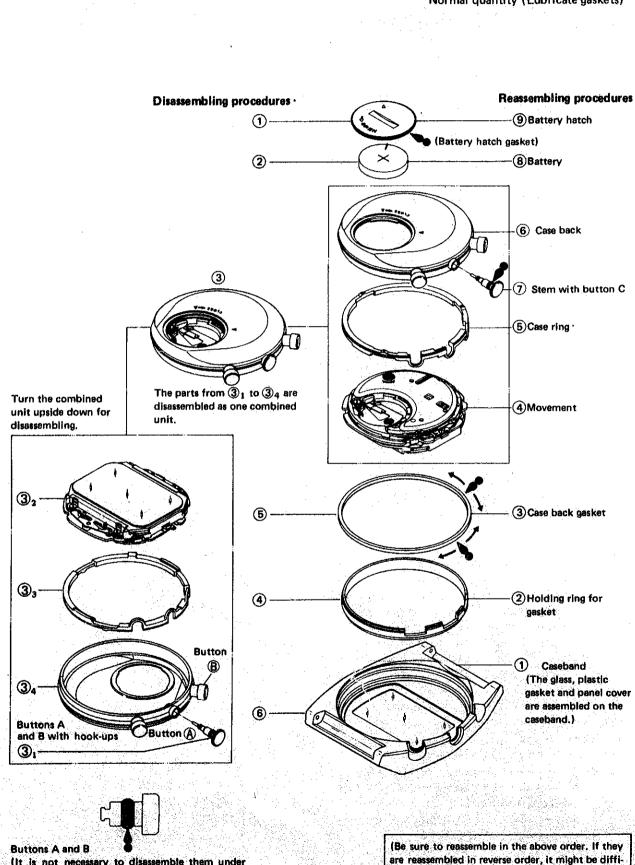




2. Disassembling and reassembling of the case

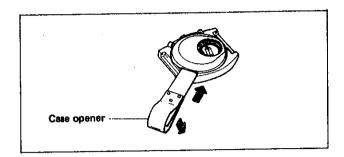
Lubricating : Silicon grease 500,000 c.s., Normal quantity (Lubricate gaskets)

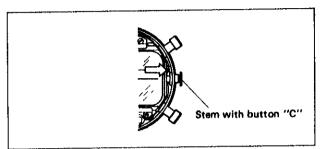
cult to reassemble or the gaskets may be twisted.)



Remarks for disassembling

- 3 The case back can be disassembled by pushing the case opener into the opening notch. (The parts from 31 to 34 are disassembled as one combined unit.)
- Be sure to put a vinyl sheet on the tip of the case opener before inserting it into the opening notch not to scratch the caseband and the case back.
- 31 Stem with button "C" While pushing the arrow-marked portion with tweezers, pull out stem with button.





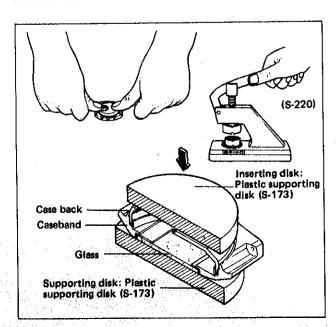
Remarks for reassembling

- Holding ring for gasket
- 4 Movement
- Case ring

Reassemble the above three parts as shown in the illustration on the right. Make sure that they are reassembled in the correct position and direction.

Holding ring for Caseband Groove for stem with button pipe Case ring Protrusion for correct positioning of cas Movement/Hole for stem with button C Movement Caseband flxing groove

- Case back
- (i) Mount the case back evenly on the caseband while making sure that stem with button is fixed into the
- (ii) Push the case back hard with fingers so that the caseband is snapped closed to the case back firmly as shown in the illustration. If it is not snapped closed with fingers, use SEIKO tightening tool.
- Tem with button After reassembling, check to see if stem with button "C" is pulled out and depressed in correctly.



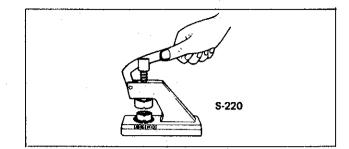
(It is not necessary to disassemble them under

normal disassembling procedure. But when they

are disassembled, be sure to lubricate.)

How to replace the glass

(As the glass is combined with the caseband, disassemble it only when the replacement of parts is necessary. Use the case tightening tool S-220.)



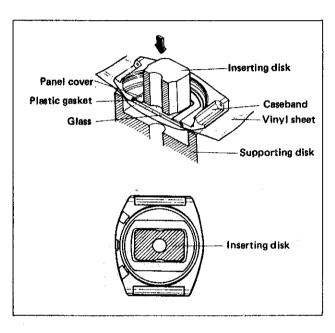
How to disassemble the glass

Use the Inserting disk S-161 to disassemble the glass.

(Or use the glass removing disk S-160 (ϕ 16.5 \sim 17.5 mm) to disassemble the glass.)

- Supporting disk: ϕ 35.0 \sim 36.0 mm
- Place a vinyl sheet between the supporting disk and the glass as shown in the illustration,
- With S-161, push only the glass for disassembling.
 With S-160, push the glass together with the panel
- With S-160, push the glass together with the panel cover for disassembling.

Note: Push down the handle of S-220 slowly while making sure that the panel cover is not bent.



How to reassemble the glass

- (i) Fix the plastic gasket
- Be sure to replace it with a new plastic gasket so as to maintain high water resistance.
- Do not mistake the upper side of the gasket for the lower side.
- (ii) Fix the panel cover

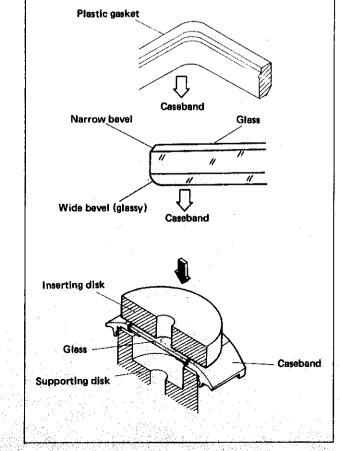
Be sure to fix the back side of the panel cover firmly to the caseband.

(iii) Set the glass

Do not mistake the upper side of the glass for the lower side,

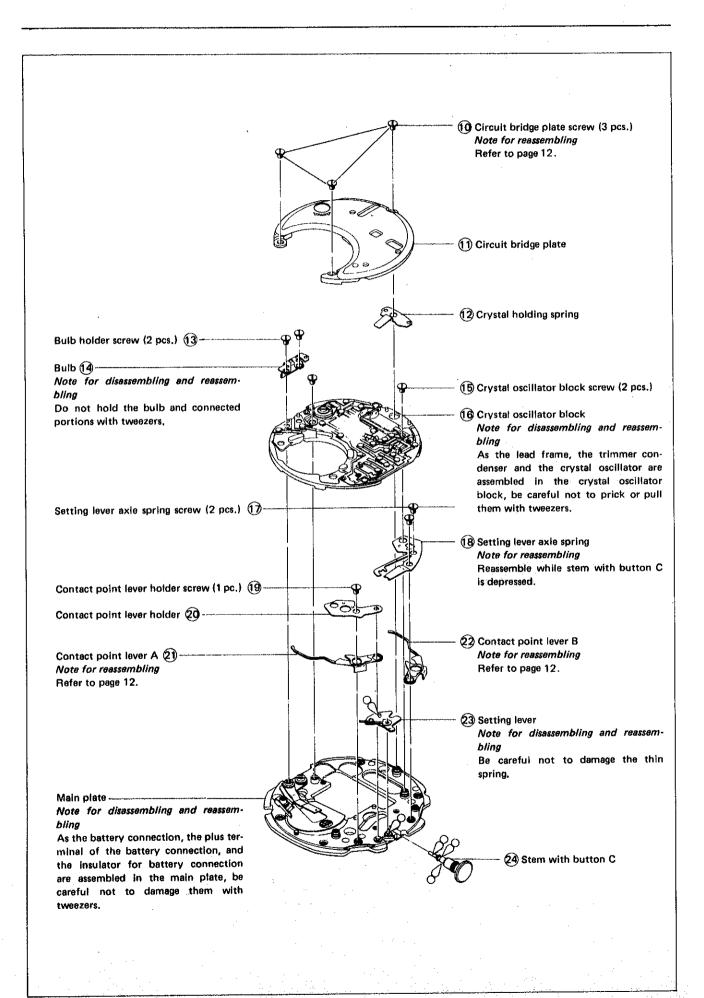
(iv) Push the glass in

(Inserting disk: Plastic supporting disk (S-173)) (Supporting disk: ϕ 26.0 - ϕ 26.5 mm)



Disassembling procedures Figs.: (1) ~ (24) Reassembling procedures Figs.: (24) ~ (1) Lubricating: SEIKO Watch Oil, S-6, ON Normal quantity (All the screws used are the same) 1 Liquid crystal panel holder screw Note: After reassembling, hold the battery with the battery holding spring and check the display. 2 Liquid crystal panel holder A If there is any display malfunction, move the connecter slightly to the right or left as they may be out of the position, 3 Liquid crystal panel holder B (4) Liquid crystal panel Note for reassembling Do not mistake the upper side for the lower side. (5) Connecter (2 pcs.) Note for disassembling Connecters inight be stuck to the liquid crystal panel. If they are stuck to the liquid crystal panel, be sure to take them off. Reflecting mirror (6)-Note for disassembling and reassem-Note for disassembling and reassembling bling • There is no difference between the Be careful not to scratch the surface. upper and the lower side. • Reassemble with the black coated side • Se careful not to scratch with tweezers. down. ② Liquid crystal panel frame (8) LSI block screw (3 pcs.) (9) LSI block Note for disassembling • Pry up the four pinned portions with tweezers. (When prying up, the careful not to damage the portions around the heads of the guide pins of the main plate of the LSI block.)

3. Disassembling and reassembling of the movement and lubricating of the switch components

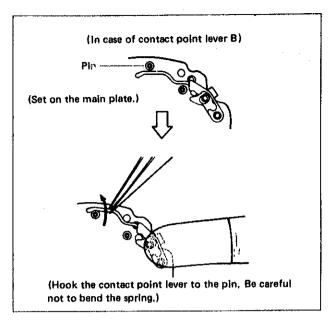


11

Remarks for reassembling

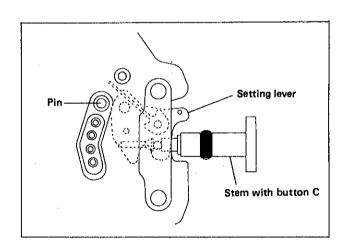
- (21) Contact point lever A
- 22 Contact point lever B

As the thin springs are welded to the contact point levers A and B, be careful not to bend the thin springs.

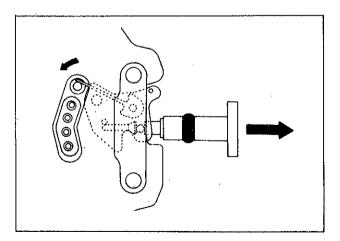


- (10) Circuit bridge plate screw

 After reassembling up to the circuit bridge plate screws on page 11, check by following the procedures below.
- (i) Stem with button C in the normal position.
 Thin spring of the setting lever does not touch any portions.



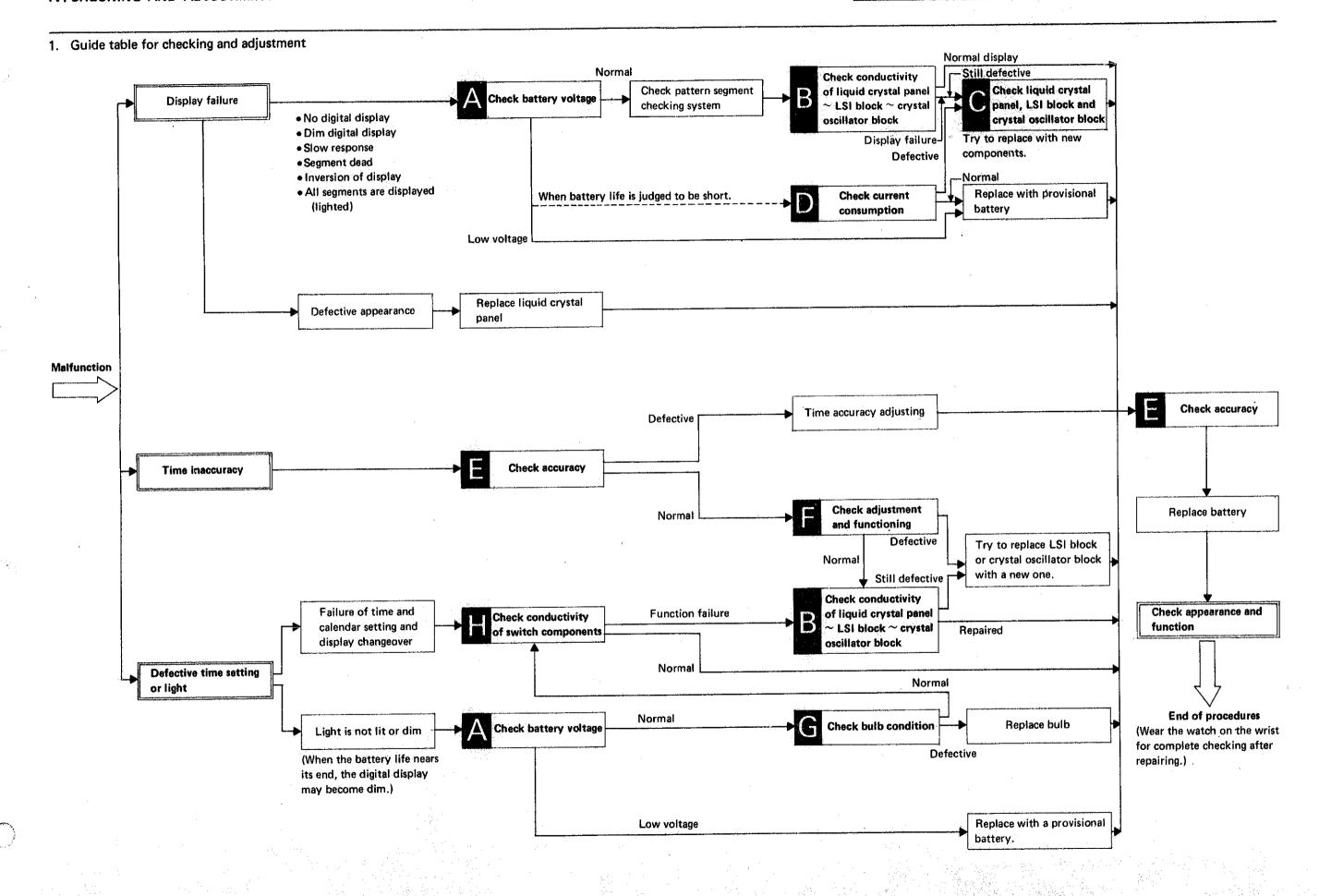
(ii) Stem with button C in the pulled out position The thin spring of the setting lever touches the pin and this changes the watch function into the time and calendar setting function.



4. Cleaning
Since several parts of Cal. M154 differ from those of the conventional mechanical watches, use the following method when cleaning.

HOW TO CLEAN

Name of part	Cleaning	Drying	Solution	Remarks
Liquid crystal panel	DO NOT CLEAN			Wipe dust and lint off with a soft brush,
Reflecting mirror				Wipe the electrodes of the
				liquid crystal panel and the LSI block ONLY with a cloth moistened with benzine or alcohol.
Bulb				
Crystal oscillator block				
LSI block				
	Di	Cool air	Alcohol	Do not use benzine or
Connector	Rinse or wash with a soft brush.	Coor an	Alcohol	trichloroethylene. Dry thoroughly before reassembling.
Main plate Liquid crystal panel frame	Rinse or wash with a soft	Cool air	Benzine or alcohol	
Circuit bridge plate	brush.		Alcohol	
Other parts	Clean with cleaner, rinse or wash with a soft brush.	Cool or hot air	Trichloroeth- ylene, benzine or alcohol	



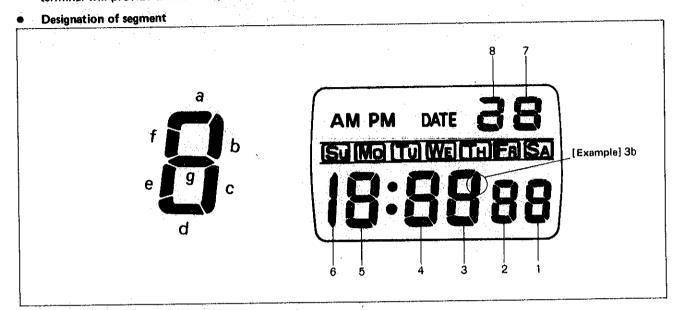
2. Malfunction and checking pointsCheck in the numerical order.

- Refer to "Guide table for checking and adjustment" on page 14.

		CHECKING POINTS								
FAULTY SYMPTOMS		A		В		С		F	G	Н
		Battery voltage	Lighting of all segments	Conductivity of liquid crystal panel, LSI block and crystal oscillator block	Liquid crystal panel	LSI block, crystal oscillator block	Time accuracy adjusting	Adjustment and functioning	Bulb	Switch components
	No digital display, dim digital display or extremely slow response.	1		2	3	4	,			
	All segments are lighted.			1	2	3				
DISPLAY FAILURE	Some segments of the digital figures are not lighted. The segment which should be on and off is reversed as shown in the illustration. The segment which should be on and off is reversed as shown in the illustration.		1)	2	3	4				
	(Deflection) Some or all of one segment show different contact depending on the direction of view. (Poor appearance) Some portions of the liquid crystal panel will have air bubbles or iridescent view. Example: Example:				1				, S	
CURACY	Gain or loss tested by Quartz tester.						1			
TIME IN ACCURACY	Though Quartz tester indicates the normal figures, a watch gains or loses when it is worn on the wrist.		·	2		3		1		
ETTING	Fallure of time and calendar setting or changeover of time and calendar display.			2		3				1
CALENDAR SETTING OR LIGHT	Light is not lit or light is lit but dims soon.	O		4		5			2	3

3. Relationship between the segment (Liquid Crystal Panel Electrode) and the C-MOS-LSI output terminal

A complete knowledge of how the segment (Liquid Crystal Panel Electrode) works with the C-MOS-LSI output terminal will provide the correct procedures for checking and adjustment.

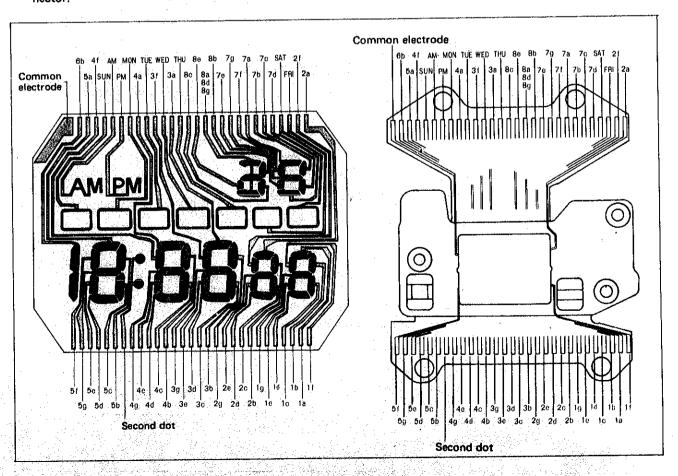


Relationship between the segment and the C-MOS-LSI output terminal

The liquid crystal panel electrode is connected electrically with each segment which forms a digital figure as shown in the illustration of the panel pattern below.

(The panel pattern can be seen if the panel is slightly tilted and looked at in an angular position.)

Also, the liquid crystal panel electrode is connected electrically with the C-MOS-LSI output terminal by the connector.

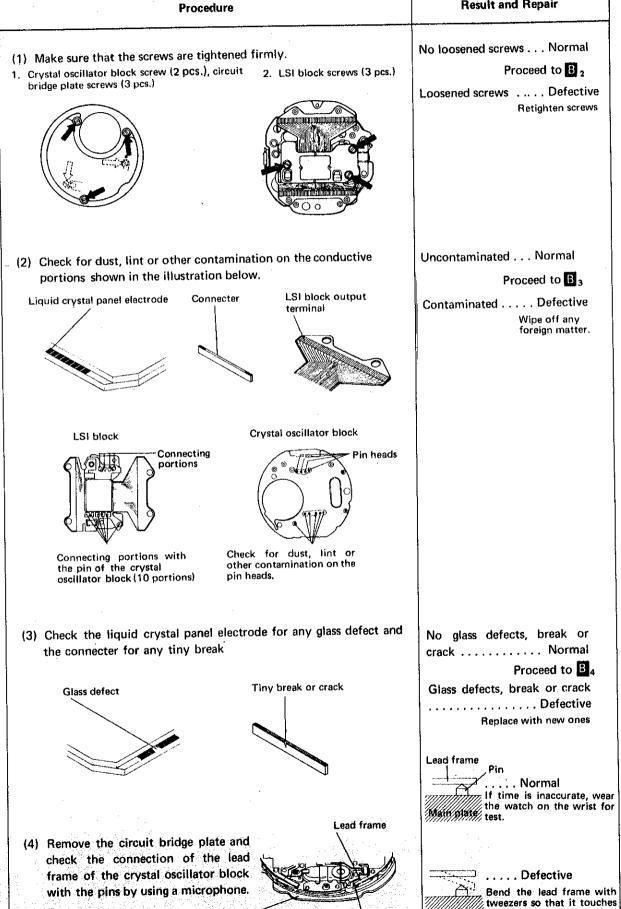


Note: Poor conductivity of the common electrode causes lighting of all segments or inversion of the display.

4. Procedure for checking and adjustment

		Procedure	Result and repair
TERY VOLTAGE	(2)	Use the following procedures to check the battery voltage. Set up the volt-ohm-meter. Range to be used: DC 3 V Measuring Probe Red (+) Battery surface (+) Probe Black (-) Battery surface (-)	More than 1.5 V Normal Less than 1.5 V Defective
SYSTEM		If some segments are dead or dim, change the watch function into the time and calendar setting function. Then depress buttons A and B at the same time find to the defective segments. Refer to the illustration of the panel pattern on page 16. (If there is not defective segment, all segments light up.)	Proceed to B
	1.	Remove the movement from the case	
	2.	Disassemble the movement	
	3.	Wipe off battery electrolyte on the crystal oscillator block and the Li (1) Wipe off battery electrolyte on the lead frame, each connect	
IE LEANAGE AND DEI AIN		portions shown below and the connecting portions. Note: Do not expose the trimmer condenser to water or alcohol, be a change in its condenser capacity and eventually in the to Crystal oscillator block Connecting to Connectin	ime accuracy. LSI block Connecting
ב ב		Case back side Display panel side	Main plate side
בובסיים		(2) Wipe the shaded portions and the connecting portions again alcohol. (If the cleaned portions remain wet with water, they will	with a cloth moistened with I corrode with rust.)
		(3) Dry with cool air by using a dryer.	
-			
<u> </u>	4.	Wipe off battery electrolyte on the other parts (main plate, switch co	mponents, etc.).
NOW TO CHECK DATE IENT		(1) Wipe off battery electrolyte on the each portion with a soft k water. (If distilled water is not available, use ordinary water.)	orush moistened with distilled
5		(2) Rinse with alcohol.	
_		(3) Dry with cool air by using a dryer.	당한 발표 보이 생활이 보고 있다고 있다.
1	1.2 (1.2)	数据设置数据 化环烷基苯基 化二苯基酚苯基酚 医甲状腺 化二氯甲基甲烷 医皮肤管 医隐止性管	State of the control
	E	Reassemble the movement	



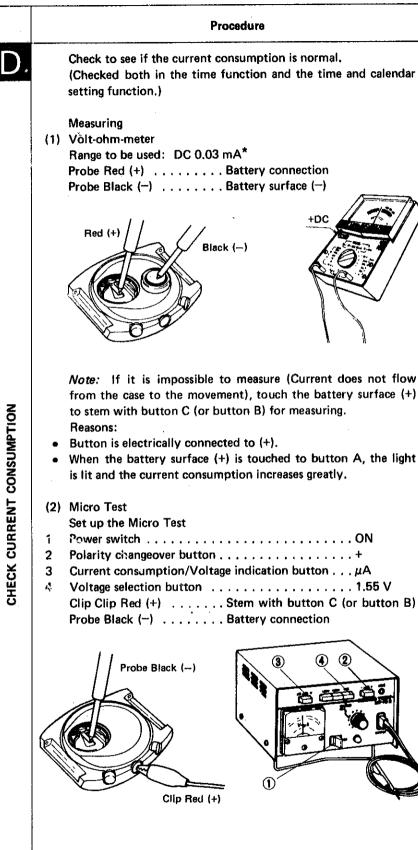


Main plate

Result and Repair

the pin.

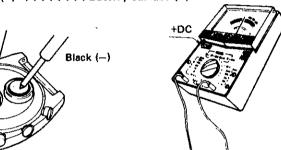
Procedure Result and repair Check to see if the liquid crystal panel, the LSI block and the crystal oscillator block function correctly. (Refer to "Relationship between the segment (Liquid Crystal Panel Electrode) and the C-MOS-LSI output terminal" on page (1) Check the liquid crystal panel 1 Set up the volt-ohm-meter Range to be used: OHMS R x 1 ~ R x 1 K Note: Any range will do if more than 3 V is applied to the terminal of the volt-ohm-meter, If the output voltage of the voltohm-meter is less than 3 V in measuring, segment may not be lit, When no segment is lit, change the range to R x 10 K which is higher in resistance than R x 1 K. Remove the liquid crystal panel from the movement and turn it upside down. Lights up , Normal Measuring Proceed to C₂ Does not light up, . Defective Electrode of defective segment. Proceed to Replace liquid crystal panel. Common electrode (Either red or black probe must be applied to the common Note: Either red or black prove will do. (2) Check the LSI block and crystal oscillator block output voltage. Set up the volt-ohm-meter. Range to be used: DC 3 V After reassembling the battery and the battery holding spring to the movement, remove all parts from liquid crystal panel holder CHECK LIQUID CRYSTAL PANEL, screw (1) to liquid crystal panel frame (7) on page 10. More than 0.8 V . . . Normal (3) Measuring Probe Red (+) Main plate (All the terminals must be Probe Block (-) One of the output terminals of the more than 0.8 V.) C-MOS-LSI Return to B. Less than 0.8V . . . Defective If some displays are defective, apply to the corresponding output terminals of the C-MOS-LSI Replace the LSI block or the crystal oscillator block with a new one and check to see if it functions correctly. (This will tell which block is defective.)



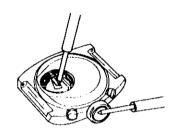
Result and repair

(Checked both in the time function and the time and calendar

Range to be used: DC 0.03 mA* Probe Red (+) Battery connection Probe Black (-) Battery surface (-)



* Note: If the pointer of the volt-ohm-meter swings over the maximum value when DC 0.03 mA is used, change the range to a greater one where the pointer does not run over the maximum value while applying the probes to the respective portions. Then, after two or three seconds, return the range to DC 0.03 mA again for measuring.



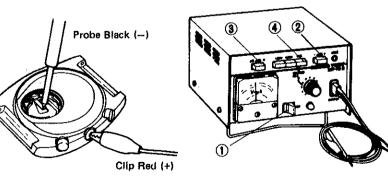
from the case to the movement), touch the battery surface (+) to stem with button C (or button B) for measuring.

• When the battery surface (+) is touched to button A, the light is lit and the current consumption increases greatly.

2 Polarity changeover button +

3 Current consumption/Voltage indication button . . . μ A

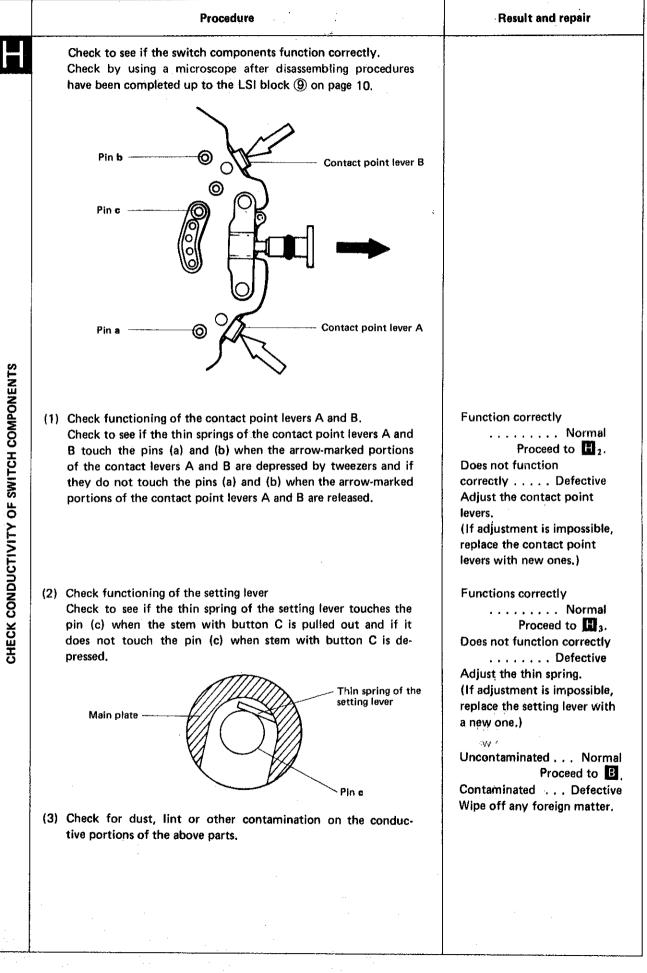
Probe Black (-) Battery connection



Less than 3.5 µA. . . . Normal Proceed to Replace with a provisional battery.

More than 3.5 μ A...Defective Proceed to C

i	Procedure	Result and repair
<u>a</u> ,	Check gain and loss of time. (1) Set up the Quartz Tester. As there are several different types of Quartz Testers, refer to a respective instruction manual.	
CHECK ACCURACY	(2) Measuring	Neither gain nor lose Normal Either gain or lose Defective Proceed to Time accuracy adjusting. See page 23 for reference.
CHECK ADJUSTMENT AND FUNCTIONING	Check to see if all the digit adjustments can be made at this time by the button operation by following the procedures on page 3. Check adjustments for more than one cycle.	Can be adjusted or functions correctly Normal Proceed to Cannot be adjusted or does not function Defective Replace the LSI block or the crystal oscillator block with a new one.
G	Check to see if the bulb functions correctly. (1) Check to see if there are any loosened bulb holder screws (2 pcs.). (2) Check by using the volt-ohm-meter. 1 Remove the bulb from the crystal oscillator block. 2 Set up the volt-ohm-meter Range to be used: OHMS R x 1 3 Measuring Check to see if there is a broken filament in the bulb and if there is any break in the welded portion of the terminal. Probe Red (+) Apply to the lead terminals. Proble Black () (Either side of the bulb lead terminal will do.)	No loosened screw Normal Proceed to €2. Loosened screw Defective Replace bulb with a new one. Lights up Normal
CHECK BULB CONDITION		Proceed to Does not light up Does not light up Defective Replace bulb with a new one.

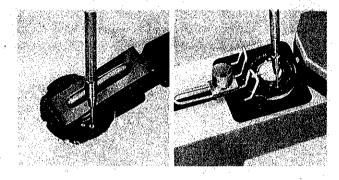


TIME ACCURACY ADJUSTING

Time accuracy of Cal. M154A is adjusted by turning the trimmer condenser.

Adjusting method

The watch will gain or lose according to the direction in which the trimmer condenser is turned. Adjustment should therefore be made after ascertaining with the Quartz Tester whether the watch tends to gain or lose.

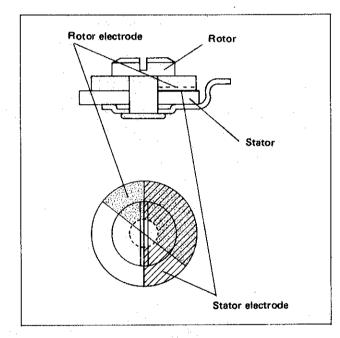


• Note for handling the trimmer condenser

Avoid excessive depressing and turning of the trimmer condenser.

• Function of the Trimmer Condenser

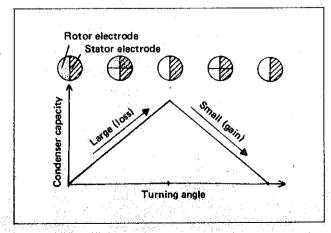
The trimmer condenser consists of a rotor electrode and a stator electrode as shown in the diagram. Turning the shaft fixed to the rotor changes the overlapped area between the stator electrode and rotor electrode, which in turn changes the capacity of the trimmer condenser.



• Change in the capacity of trimmer condenser and the adjusting accuracy rate.

Turning the trimmer condenser changes its capacity as shown in the diagram.

The trimmer condenser has been so adjusted at the factory so as to let the watch gain when it is turned clockwise and vice versa. Whenever adjustment is needed, however; turn the trimmer condenser while examining the gain and loss by the Quartz Tester.



All procedures of Disassembling and Reassembling, and Checking and Adjustment are completed.